

# PHYSICAL EDUCATION, HEALTH AND SPORT EXPLORATION - B.S.

College of Education and Human Services  
School of Teaching, Learning and Curriculum Studies  
[www.kent.edu/ehhs/tlcs](http://www.kent.edu/ehhs/tlcs)

## About This Program

The Physical Education and Sport Performance program offers a unique blend of theory and practice to help you succeed in this exciting field. Learn from experienced faculty and gain hands-on experience through internships and practicums. Launch your career in sports coaching, sports management or fitness training with this bachelor's degree. Read more...

## Contact Information

- **Douglas Ellison** | [delliso4@kent.edu](mailto:delliso4@kent.edu) | 330-672-6330
- Speak with an Advisor
- Chat with an Admissions Counselor

## Program Delivery

- **Delivery:**
  - In person
- **Location:**
  - Kent Campus

## Examples of Possible Careers and Salaries\*

### Coaches and scouts

- 11.8% much faster than the average
- 292,000 number of jobs
- \$36,330 potential earnings

### Education teachers, postsecondary

- 4.8% about as fast as the average
- 77,300 number of jobs
- \$65,440 potential earnings

### Exercise trainers and group fitness instructors

- 15.4% much faster than the average
- 373,700 number of jobs
- \$40,510 potential earnings

### Middle school teachers, except special and career/technical education

- 3.6% about as fast as the average
- 627,100 number of jobs
- \$60,810 potential earnings

### Miscellaneous entertainers and performers, sports and related workers

- 4.2% about as fast as the average
- 33,300 number of jobs
- \$N/A potential earnings

### Recreation and fitness studies teachers, postsecondary

- 2.6% slower than the average
- 19,100 number of jobs
- \$66,290 potential earnings

### Secondary school teachers, except special and career/technical education

- 3.8% about as fast as the average
- 1,050,800 number of jobs
- \$62,870 potential earnings

## Accreditation

Council for the Accreditation of Educator Preparation

\* Source of occupation titles and labor data comes from the U.S. Bureau of Labor Statistics'

Occupational Outlook Handbook. Data comprises projected percent change in employment over the next 10 years; nation-wide employment numbers; and the yearly median wage at which half of the workers in the occupation earned more than that amount and half earned less.

## Admission Requirements

The university affirmatively strives to provide educational opportunities and access to students with varied backgrounds, those with special talents and adult students.

**First-Year Students on the Kent Campus:** First-year admission policy on the Kent Campus is selective. Admission decisions are based upon cumulative grade point average, strength of high school college preparatory curriculum and grade trends. Students not admissible to the Kent Campus may be administratively referred to one of the seven regional campuses to begin their college coursework. For more information, visit the admissions website for first-year students.

**First-Year Students on the Regional Campuses:** First-year admission to Kent State's campuses at Ashtabula, East Liverpool, Geauga, Salem, Stark, Trumbull and Tuscarawas, as well as the Twinsburg Academic Center, is open to anyone with a high school diploma or its equivalent. For more information on admissions, contact the Regional Campuses admissions offices.

**International Students:** All international students must provide proof of proficiency of the English language (unless they meet specific exceptions) through the submission of an English language proficiency test score or by completing English language classes at Kent State's English as a Second Language Center before entering their program. For more information, visit the admissions website for international students.

**Former Students:** Former Kent State students who have not attended another institution since Kent State and were not academically dismissed will complete the re-enrollment process through the Financial, Billing and Enrollment Center. Former students who attended another college or university since leaving Kent State must apply for admissions as a transfer or post-undergraduate student.

**Transfer Students:** Students who attended an educational institution after graduating from high school or earning their GED must apply as transfer students. For more information, visit the admissions website for transfer students.

Admission policies for undergraduate students may be found in the University Catalog's Academic Policies.

Students may be required to meet certain criteria to progress in their program. Any progression requirements will be listed on the program's Coursework tab

## Program Requirements

### Major Requirements

Code	Title	Credit Hours
<b>Major Requirements (courses count in major GPA) <sup>1</sup></b>		
ATTR 25057	HUMAN ANATOMY AND PHYSIOLOGY I (KBS) (KLAB) <sup>2</sup>	4
or EXSC 25057	HUMAN ANATOMY AND PHYSIOLOGY I (KBS) (KLAB)	
PESP 15010	INTRODUCTION TO PHYSICAL EDUCATION, FITNESS AND SPORT	3
PESP 25033	LIFESPAN MOTOR DEVELOPMENT	3
PESP 25056	ASSESSMENT OF LEARNING IN PHYSICAL EDUCATION AND SPORT	3
PESP 35020	FITNESS EDUCATION	3
PESP 35084	MOTOR SKILL ANALYSIS	3
<b>Additional Requirements (courses do not count in major GPA)</b>		
PSYC 11762	GENERAL PSYCHOLOGY (DIVD) (KSS) <sup>3</sup>	3
UC 10001	FLASHES 101	1
Kent Core Composition <sup>3</sup>		6
Kent Core Mathematics and Critical Reasoning		3-5
Kent Core Humanities and Fine Arts (minimum one course from each)		9
Kent Core Social Sciences (must be from two disciplines)		3
<b>Concentrations</b>		
Choose from the following:		76-113
Health and Physical Education		
Physical Activity and Sport Performance		
Physical Education Licensure		
<b>Minimum Total Credit Hours:</b>		<b>120-157</b>

<sup>1</sup> Minimum C grade is required in all major coursework for the Health and Physical Education concentration and Physical Education Licensure concentration.

<sup>2</sup> Students who have successfully completed BSCI 11010 with a minimum C grade may use that course in place of ATTR 25057/EXSC 25057.

<sup>3</sup> Minimum C grade is required for the Health and Physical Education and Physical Education Licensure concentrations.

### Health and Physical Education Concentration Requirements

Code	Title	Credit Hours
<b>Concentration Requirements (courses count in major GPA)</b>		
EHHS 49592	STUDENT TEACHING IN HEALTH AND PHYSICAL EDUCATION (ELR) <sup>1</sup>	10
HED 11570	PERSONAL HEALTH (min C grade)	3

HED 21030	INTRODUCTION TO HEALTH EDUCATION (min C grade)	3
HED 21050	HEALTH EDUCATION THEORIES (min C grade)	3
HED 30000	TEACHING HEALTH TO YOUNG LEARNERS (min C grade) <sup>1</sup>	3
HED 32530	DRUG USE AND MISUSE (min C grade)	3
HED 32542	METHODS AND APPLICATIONS OF HEALTH EDUCATION (WIC) (min C grade) <sup>1</sup>	5
HED 32544	HUMAN SEXUALITY (min C grade)	3
HED 34050	PROGRAM PLANNING AND EVALUATION IN HEALTH EDUCATION (min C grade)	3
HED 42041	HEALTH COACHING (min C grade)	3
HED 44543	ADMINISTRATION OF SCHOOL HEALTH PROGRAMS (min C grade)	3
HED 44544	SEXUALITY EDUCATION PROGRAMS (min C grade)	3
HED 44550	DRUG ABUSE AND VIOLENCE EDUCATION PROGRAMS (min C grade)	3
HED 49525	INQUIRY SEMINAR INTO PROFESSIONAL PRACTICE (min C grade)	3
PESP 15011	DEVELOPMENT AND ANALYSIS OF INVASION GAMES (min C grade)	3
PESP 15015	DEVELOPMENT AND ANALYSIS OF NET GAMES (min C grade)	3
PESP 15016	DEVELOPMENT AND ANALYSIS OF TARGET AND FIELD GAMES (min C grade)	3
PESP 15020	FUNDAMENTAL MOVEMENT, GYMNASTICS AND DANCE (min C grade)	3
PESP 25025	TEACHING IN PHYSICAL EDUCATION (min C grade) <sup>1</sup>	3
PESP 25026	OVERVIEW OF OUTDOOR PURSUITS AND ADVENTURE EDUCATION (min C grade)	3
PESP 45037	ADAPTED PHYSICAL EDUCATION (min C grade) <sup>1</sup>	3
PESP 45051	ELEMENTARY SCHOOL PHYSICAL EDUCATION METHODS (min C grade) <sup>1</sup>	3
PESP 45053	ELEMENTARY SCHOOL PHYSICAL EDUCATION CONTENT (min C grade) <sup>1</sup>	3
PESP 45058	SECONDARY SCHOOL PHYSICAL EDUCATION METHODS (min C grade) <sup>1</sup>	3
PESP 45059	SECONDARY SCHOOL PHYSICAL EDUCATION CONTENT (min C grade) <sup>1</sup>	3
PESP 49525	INQUIRY INTO PROFESSIONAL PRACTICE IN PHYSICAL EDUCATION (min C grade)	3
SPAD 35065	HISTORY AND PHILOSOPHY OF SPORT AND PHYSICAL ACTIVITY (WIC) (min C grade)	3
Physical Activity, Wellness and Sport (PWS) Electives, choose from the following (min C grade):		2
PWS 10020	DEVELOPMENT AND CONDITIONING	
PWS 10036	FITNESS WALKING	
PWS 10306	JOGGING	
PWS 10403	BEGINNING BALLROOM DANCE	
PWS 10413	LATIN SOCIAL DANCE	
PWS 11426	VARSITY SPORT TRAINING AND CONDITIONING	
PWS 11604	BEGINNING KARATE	
PWS 11633	JU JITSU	
PWS 11634	SELF-DEFENSE	
PWS 11663	BEGINNING YOGA	
PWS 11664	PILATES	
PWS 11665	ZUMBA	

PWS 11666	BEGINNING SPINNING	
PWS 11667	BOOT CAMP I	
PWS 11673	INTERMEDIATE YOGA	
PWS 11674	INTERMEDIATE PILATES	
PWS 11675	ZUMBA TONING	
PWS 12324	WEIGHT TRAINING	
PWS 12325	WOMEN'S WEIGHT TRAINING	
PWS 12424	EXERCISE AND WEIGHT CONTROL	
PWS 12425	NAUTILUS EXERCISES	
PWS 13003	DANCE EXERCISE	
PWS 13010	JUDO-JUJITSU	
PWS 13016	CYCLING	
PWS 13040	CARDIO KICKBOXING	

<b>Additional Requirements (courses do not count in major GPA)</b>		
CI 47330	READING AND WRITING IN ADOLESCENCE/ ADULTHOOD (min C grade)	3
COMM 15000	INTRODUCTION TO HUMAN COMMUNICATION (KADL) (min C grade)	3
CULT 29535	EDUCATION IN A DEMOCRATIC SOCIETY (min C grade)	3
EPSY 29525	EDUCATIONAL PSYCHOLOGY (min C grade)	3
NUTR 23511	SCIENCE OF HUMAN NUTRITION (KBS) (min C grade)	3
SPED 23000	INTRODUCTION TO EXCEPTIONALITIES (DIVD) (min C grade)	3
Kent Core Additional		3

**Minimum Total Credit Hours: 113**

<sup>1</sup> Teacher candidates are only permitted to repeat a field experience course once. Please see Repeating Field Experience Courses in Teacher Education Programs policy for details.

### Physical Activity and Sport Performance Concentration Requirements

Code	Title	Credit Hours
<b>Concentration Requirements (courses count in major GPA)</b>		
PESP 15020	FUNDAMENTAL MOVEMENT, GYMNASTICS AND DANCE	3
PESP 45015	PSYCHOLOGY OF COACHING	3
PESP 45037	ADAPTED PHYSICAL EDUCATION <sup>1</sup>	3
PESP 45092	INTERNSHIP IN PHYSICAL EDUCATION (ELR)	3
or PESP 45096	INDIVIDUAL INVESTIGATION IN PHYSICAL EDUCATION	
SPAD 25000	SPORT IN SOCIETY (DIVD)	3
SPAD 35065	HISTORY AND PHILOSOPHY OF SPORT AND PHYSICAL ACTIVITY (WIC) <sup>2</sup>	3
Physical Activity, Wellness and Sport (PWS) or Professional Movement Elective		1
Development and Analysis Electives, choose from the following:		6
PESP 15011	DEVELOPMENT AND ANALYSIS OF INVASION GAMES	
PESP 15015	DEVELOPMENT AND ANALYSIS OF NET GAMES	
PESP 15016	DEVELOPMENT AND ANALYSIS OF TARGET AND FIELD GAMES	
<b>Additional Requirements (courses do not count in major GPA)</b>		
Kent Core Basic Sciences (must include one laboratory)		3
Kent Core Additional		6

Declared Minor and General Electives (total credit hours depends on earning 120 credit hours, including 39 upper division credit hours) <sup>3</sup> 42

**Minimum Total Credit Hours: 76**

<sup>1</sup> Teacher candidates are only permitted to repeat a field experience course once. Please see Repeating Field Experience Courses in Teacher Education Programs policy for details.

<sup>2</sup> A minimum C grade must be earned to fulfill writing-intensive requirement.

<sup>3</sup> Students are required to declare and complete a minor as part of the Physical Education and Sport Performance program. Students may select any minor available at Kent State, but it should be aligned with the student's overall educational and career goals. Number of credit hours depends on the program selected. A minimum of 6 credit hours in the minor must be outside of the course requirements for any major or other minor the student is pursuing.

### Physical Education Licensure Concentration Requirements

Code	Title	Credit Hours
<b>Concentration Requirements (courses count in major GPA)</b>		
HED 42575	HEALTH AND LEARNING: STRATEGIES FOR STUDENTS AND TEACHERS	3
PESP 15011	DEVELOPMENT AND ANALYSIS OF INVASION GAMES (min C grade)	3
PESP 15015	DEVELOPMENT AND ANALYSIS OF NET GAMES (min C grade)	3
PESP 15016	DEVELOPMENT AND ANALYSIS OF TARGET AND FIELD GAMES (min C grade)	3
PESP 15020	FUNDAMENTAL MOVEMENT, GYMNASTICS AND DANCE (min C grade)	3
PESP 25025	TEACHING IN PHYSICAL EDUCATION (min C grade) <sup>1</sup>	3
PESP 25026	OVERVIEW OF OUTDOOR PURSUITS AND ADVENTURE EDUCATION (min C grade)	3
PESP 45037	ADAPTED PHYSICAL EDUCATION (min C grade) <sup>1</sup>	3
PESP 45051	ELEMENTARY SCHOOL PHYSICAL EDUCATION METHODS (min C grade) <sup>1</sup>	3
PESP 45053	ELEMENTARY SCHOOL PHYSICAL EDUCATION CONTENT (min C grade) <sup>1</sup>	3
PESP 45058	SECONDARY SCHOOL PHYSICAL EDUCATION METHODS (min C grade) <sup>1</sup>	3
PESP 45059	SECONDARY SCHOOL PHYSICAL EDUCATION CONTENT (min C grade) <sup>1</sup>	3
PESP 49525	INQUIRY INTO PROFESSIONAL PRACTICE IN PHYSICAL EDUCATION (min C grade)	3
PESP 49592	STUDENT TEACHING IN PHYSICAL EDUCATION (ELR) <sup>1</sup>	12
SPAD 35065	HISTORY AND PHILOSOPHY OF SPORT AND PHYSICAL ACTIVITY (WIC) (min C grade)	3
Physical Activity, Wellness and Sport (PWS) Electives, choose from the following (min C grade):		1
PWS 10020	DEVELOPMENT AND CONDITIONING	
PWS 10036	FITNESS WALKING	
PWS 10306	JOGGING	
PWS 10403	BEGINNING BALLROOM DANCE	
PWS 10413	LATIN SOCIAL DANCE	
PWS 11426	VARSITY SPORT TRAINING AND CONDITIONING	

PWS 11604	BEGINNING KARATE
PWS 11633	JU JITSU
PWS 11634	SELF-DEFENSE
PWS 11663	BEGINNING YOGA
PWS 11664	PILATES
PWS 11665	ZUMBA
PWS 11666	BEGINNING SPINNING
PWS 11667	BOOT CAMP I
PWS 11673	INTERMEDIATE YOGA
PWS 11674	INTERMEDIATE PILATES
PWS 11675	ZUMBA TONING
PWS 12324	WEIGHT TRAINING
PWS 12325	WOMEN'S WEIGHT TRAINING
PWS 13003	DANCE EXERCISE
PWS 13010	JUDO-JUJITSU
PWS 13016	CYCLING
PWS 13040	CARDIO KICKBOXING

**Additional Requirements (courses do not count in major GPA)**

CI 47330	READING AND WRITING IN ADOLESCENCE/ ADULTHOOD (min C grade)	3
CULT 29535	EDUCATION IN A DEMOCRATIC SOCIETY (min C grade)	3
EPSY 29525	EDUCATIONAL PSYCHOLOGY (min C grade)	3
SPED 23000	INTRODUCTION TO EXCEPTIONALITIES (DIVD) (min C grade)	3
Kent Core Basic Sciences (must include one laboratory)		3
Kent Core Additional		6

**Minimum Total Credit Hours:** 76

<sup>1</sup> Teacher candidates are only permitted to repeat a field experience course once. Please see Repeating Field Experience Courses in Teacher Education Programs policy for details.

## Progression Requirements

Students in the Health and Physical Education and Physical Education Licensure concentrations must meet all professional requirements for admission to advanced study.

To manage enrollment and deliver high-quality programs, the faculty will select the most qualified applicants for admission based upon evaluation of academic success (overall GPA<sup>1</sup>) at Kent State University; non-academic criteria and other specific program criteria.

Please be aware that reapplication may be necessary if postponing advanced study coursework or if withdrawn for one year or more.

<sup>1</sup> Undergraduate students who have not completed a minimum of 12 Kent State University credit hours will be evaluated for advanced study and professional phase based on their high school GPA for new students or transfer GPA for transfer students.

## Graduation Requirements

**Health and Physical Education Concentration**

Minimum Major GPA	Minimum Overall GPA
2.750	2.750

### Physical Activity and Sport Performance Concentration

Minimum Major GPA	Minimum Overall GPA
2.250	2.000

### Physical Education Licensure Concentration

Minimum Major GPA	Minimum Overall GPA
2.750	2.750

- Students in the Health and Physical Education concentration and the Physical Education Licensure concentration are required to provide evidence of certification in First Aid, CPR and a minimum equivalence to level 5 competency in Red Cross swimming.

## Licensure information

Candidates seeking Ohio licensure are required to pass specific assessments in order to apply for licensure. See Ohio Department of Education-Educator Preparation website for more information on assessments specific to licensure type. Taking and passing the licensure tests prior to graduation is encouraged but not required.

Students must apply for State of Ohio Licensure (defined by completion of all licensure program requirements) within 12 months of program completion. After 12 months, applicants must meet State approved program/licensure requirements that are in effect at the time of application. This means that students who apply after the 12 month deadline may have to take additional coursework if the content, methods courses, program requirements, or licensure requirements have changed from the catalog in force.

## Roadmaps

### Health and Physical Education Concentration

This roadmap is a recommended semester-by-semester plan of study for this major. However, courses designated as critical (!) must be completed in the semester listed to ensure a timely graduation.

Semester One			Credits
!	HED 11570	PERSONAL HEALTH	3
!	PESP 15010	INTRODUCTION TO PHYSICAL EDUCATION, FITNESS AND SPORT	3
!	PESP 15020	FUNDAMENTAL MOVEMENT, GYMNASTICS AND DANCE	3
	UC 10001	FLASHES 101	1
	Kent Core Requirement		3
	Kent Core Requirement		3
<b>Credit Hours</b>			<b>16</b>
Semester Two			
	COMM 15000	INTRODUCTION TO HUMAN COMMUNICATION (KADL)	3
!	CULT 29535	EDUCATION IN A DEMOCRATIC SOCIETY	3
!	PESP 15015	DEVELOPMENT AND ANALYSIS OF NET GAMES	3
!	PESP 25026	OVERVIEW OF OUTDOOR PURSUITS AND ADVENTURE EDUCATION	3
!	Physical Activity, Wellness and Sport (PWS) Elective		1
	Kent Core Requirement		3
<b>Credit Hours</b>			<b>16</b>
Semester Three			
	HED 21030	INTRODUCTION TO HEALTH EDUCATION	3
!	PESP 15011	DEVELOPMENT AND ANALYSIS OF INVASION GAMES	3

!	PESP 15016	DEVELOPMENT AND ANALYSIS OF TARGET AND FIELD GAMES	3
Kent Core Requirement			3
Kent Core Requirement			3
<b>Credit Hours</b>			<b>15</b>
<b>Semester Four</b>			
!	EPSY 29525	EDUCATIONAL PSYCHOLOGY	3
	HED 32530	DRUG USE AND MISUSE	3
	PESP 25056	ASSESSMENT OF LEARNING IN PHYSICAL EDUCATION AND SPORT	3
	PSYC 11762	GENERAL PSYCHOLOGY (DIVD) (KSS)	3
Physical Activity, Wellness and Sport (PWS) Electives			1
Kent Core Requirement			3
<b>Credit Hours</b>			<b>16</b>
<b>Semester Five</b>			
Requirement: minimum 2.750 overall GPA by end of term; minimum 2.750 major GPA			
!	ATTR 25057 or EXSC 25057	HUMAN ANATOMY AND PHYSIOLOGY I (KBS) (KLAB) or HUMAN ANATOMY AND PHYSIOLOGY I (KBS) (KLAB)	4
	HED 21050	HEALTH EDUCATION THEORIES	3
	PESP 25033	LIFESPAN MOTOR DEVELOPMENT	3
	SPED 23000	INTRODUCTION TO EXCEPTIONALITIES (DIVD)	3
Kent Core Requirement			3
<b>Credit Hours</b>			<b>16</b>
<b>Semester Six</b>			
Requirement: apply online for Advanced Study before the second Friday of the term; 2.750 minimum overall GPA; minimum 2.750 major GPA			
	HED 30000	TEACHING HEALTH TO YOUNG LEARNERS	3
	HED 32544	HUMAN SEXUALITY	3
	HED 44543	ADMINISTRATION OF SCHOOL HEALTH PROGRAMS	3
!	PESP 25025	TEACHING IN PHYSICAL EDUCATION	3
	PESP 35084	MOTOR SKILL ANALYSIS	3
<b>Credit Hours</b>			<b>15</b>
<b>Semester Seven</b>			
Requirement: apply for student teaching; minimum 2.750 major GPA; minimum 2.750 overall GPA			
!	HED 32542	METHODS AND APPLICATIONS OF HEALTH EDUCATION (WIC)	5
	HED 42041	HEALTH COACHING	3
	PESP 35020	FITNESS EDUCATION	3
	SPAD 35065	HISTORY AND PHILOSOPHY OF SPORT AND PHYSICAL ACTIVITY (WIC)	3
Kent Core Requirement			3
<b>Credit Hours</b>			<b>17</b>
<b>Semester Eight</b>			
Requirement: minimum 2.750 overall GPA; minimum 2.750 major GPA			
	HED 34050	PROGRAM PLANNING AND EVALUATION IN HEALTH EDUCATION	3
	HED 44544	SEXUALITY EDUCATION PROGRAMS	3
	HED 44550	DRUG ABUSE AND VIOLENCE EDUCATION PROGRAMS	3
!	PESP 45058	SECONDARY SCHOOL PHYSICAL EDUCATION METHODS	3

!	PESP 45059	SECONDARY SCHOOL PHYSICAL EDUCATION CONTENT	3
<b>Credit Hours</b>			<b>15</b>
<b>Semester Nine</b>			
Requirement: minimum 2.750 overall GPA; minimum 2.750 major GPA			
	CI 47330	READING AND WRITING IN ADOLESCENCE/ADULTHOOD	3
	NUTR 23511	SCIENCE OF HUMAN NUTRITION (KBS)	3
	PESP 45037	ADAPTED PHYSICAL EDUCATION	3
!	PESP 45051	ELEMENTARY SCHOOL PHYSICAL EDUCATION METHODS	3
!	PESP 45053	ELEMENTARY SCHOOL PHYSICAL EDUCATION CONTENT	3
<b>Credit Hours</b>			<b>15</b>
<b>Semester Ten</b>			
Requirement: minimum 2.750 overall GPA; minimum 2.750 major GPA			
	EHHS 49592	STUDENT TEACHING IN HEALTH AND PHYSICAL EDUCATION (ELR)	10
!	HED 49525	INQUIRY SEMINAR INTO PROFESSIONAL PRACTICE	3
!	PESP 49525	INQUIRY INTO PROFESSIONAL PRACTICE IN PHYSICAL EDUCATION	3
<b>Credit Hours</b>			<b>16</b>
<b>Minimum Total Credit Hours:</b>			<b>157</b>

### Physical Activity and Sport Performance Concentration

This roadmap is a recommended semester-by-semester plan of study for this program. Students will work with their advisor to develop a sequence based on their academic goals and history. Courses designated as critical (!) must be completed in the semester listed to ensure a timely graduation.

<b>Semester One</b>			<b>Credits</b>
	PESP 15010	INTRODUCTION TO PHYSICAL EDUCATION, FITNESS AND SPORT	3
	PESP 15020	FUNDAMENTAL MOVEMENT, GYMNASTICS AND DANCE	3
	UC 10001	FLASHES 101	1
Kent Core Requirement			3
Kent Core Requirement			3
Kent Core Requirement			3
<b>Credit Hours</b>			<b>16</b>
<b>Semester Two</b>			
	PSYC 11762	GENERAL PSYCHOLOGY (DIVD) (KSS)	3
Development and Analysis Elective			3
Kent Core Requirement			3
Kent Core Requirement			3
Kent Core Requirement			3
<b>Credit Hours</b>			<b>15</b>
<b>Semester Three</b>			
!	ATTR 25057 or EXSC 25057	HUMAN ANATOMY AND PHYSIOLOGY I (KBS) (KLAB) or HUMAN ANATOMY AND PHYSIOLOGY I (KBS) (KLAB)	4
	PESP 25033	LIFESPAN MOTOR DEVELOPMENT	3
Kent Core Requirement			3
Kent Core Requirement			3

Approved Minor and General Electives	3
<b>Credit Hours</b>	<b>16</b>
<b>Semester Four</b>	
! PESP 25056 ASSESSMENT OF LEARNING IN PHYSICAL EDUCATION AND SPORT	3
SPAD 25000 SPORT IN SOCIETY (DIVD)	3
Approved Minor and General Electives	9
<b>Credit Hours</b>	<b>15</b>
<b>Semester Five</b>	
Development and Analysis Elective	3
Physical Activity, Wellness and Sport (PWS) or Professional Movement Elective	1
Kent Core Requirement	3
Kent Core Requirement	3
Approved Minor and General Electives	5
<b>Credit Hours</b>	<b>15</b>
<b>Semester Six</b>	
PESP 35084 MOTOR SKILL ANALYSIS	3
SPAD 35065 HISTORY AND PHILOSOPHY OF SPORT AND PHYSICAL ACTIVITY (WIC)	3
Approved Minor and General Electives	9
<b>Credit Hours</b>	<b>15</b>
<b>Semester Seven</b>	
Note: apply for graduation	
PESP 35020 FITNESS EDUCATION	3
PESP 45037 ADAPTED PHYSICAL EDUCATION	3
PESP 45015 PSYCHOLOGY OF COACHING	3
Approved Minor and General Electives	6
<b>Credit Hours</b>	<b>15</b>
<b>Semester Eight</b>	
! PESP 45092 INTERNSHIP IN PHYSICAL EDUCATION (ELR) or PESP 45096 or INDIVIDUAL INVESTIGATION IN PHYSICAL EDUCATION	3
Approved Minor and General Electives	10
<b>Credit Hours</b>	<b>13</b>
<b>Minimum Total Credit Hours:</b>	<b>120</b>

## Physical Education Licensure Concentration

This roadmap is a recommended semester-by-semester plan of study for this program. Students will work with their advisor to develop a sequence based on their academic goals and history. Courses designated as critical (!) must be completed in the semester listed to ensure a timely graduation.

<b>Semester One</b>		<b>Credits</b>
! PESP 15010 INTRODUCTION TO PHYSICAL EDUCATION, FITNESS AND SPORT		3
! PESP 15020 FUNDAMENTAL MOVEMENT, GYMNASTICS AND DANCE		3
UC 10001 FLASHES 101		1
Kent Core Requirement		3
Kent Core Requirement		3
Kent Core Requirement		3
<b>Credit Hours</b>		<b>16</b>
<b>Semester Two</b>		
! CULT 29535 EDUCATION IN A DEMOCRATIC SOCIETY		3
PESP 15015 DEVELOPMENT AND ANALYSIS OF NET GAMES		3

PESP 25026 OVERVIEW OF OUTDOOR PURSUITS AND ADVENTURE EDUCATION		3
PSYC 11762 GENERAL PSYCHOLOGY (DIVD) (KSS)		3
Kent Core Requirement		3
<b>Credit Hours</b>		<b>15</b>
<b>Semester Three</b>		
Requirement: minimum 2.750 overall GPA by end of term; minimum 2.750 major GPA		
! ATTR 25057 HUMAN ANATOMY AND PHYSIOLOGY I (KBS) or EXSC 25057 or HUMAN ANATOMY AND PHYSIOLOGY I (KBS) (KLAB)		4
EPSY 29525 EDUCATIONAL PSYCHOLOGY		3
! PESP 15011 DEVELOPMENT AND ANALYSIS OF INVASION GAMES		3
PESP 15016 DEVELOPMENT AND ANALYSIS OF TARGET AND FIELD GAMES		3
Kent Core Requirement		3
<b>Credit Hours</b>		<b>16</b>
<b>Semester Four</b>		
Requirement: apply online for Advanced Study before the second Friday of the term; 2.750 minimum overall GPA; minimum 2.750 major		
PESP 25025 TEACHING IN PHYSICAL EDUCATION		3
PESP 25033 LIFESPAN MOTOR DEVELOPMENT		3
PESP 25056 ASSESSMENT OF LEARNING IN PHYSICAL EDUCATION AND SPORT		3
Physical Activity, Wellness and Sport (PWS) Electives		1
Kent Core Requirement		3
<b>Credit Hours</b>		<b>13</b>
<b>Semester Five</b>		
Requirement: minimum 2.750 overall GPA; minimum 2.750 major GPA		
CI 47330 READING AND WRITING IN ADOLESCENCE/ADULTHOOD		3
HED 42575 HEALTH AND LEARNING: STRATEGIES FOR STUDENTS AND TEACHERS		3
PESP 35020 FITNESS EDUCATION		3
SPED 23000 INTRODUCTION TO EXCEPTIONALITIES (DIVD)		3
Kent Core Requirement		3
<b>Credit Hours</b>		<b>15</b>
<b>Semester Six</b>		
Requirement: minimum 2.750 overall GPA; minimum 2.750 major GPA		
PESP 35084 MOTOR SKILL ANALYSIS		3
! PESP 45058 SECONDARY SCHOOL PHYSICAL EDUCATION METHODS		3
! PESP 45059 SECONDARY SCHOOL PHYSICAL EDUCATION CONTENT		3
SPAD 35065 HISTORY AND PHILOSOPHY OF SPORT AND PHYSICAL ACTIVITY (WIC)		3
Kent Core Requirement		3
<b>Credit Hours</b>		<b>15</b>
<b>Semester Seven</b>		
Requirement: apply for graduation; minimum 2.750 overall GPA; minimum 2.750 major GPA		
PESP 45037 ADAPTED PHYSICAL EDUCATION		3
! PESP 45051 ELEMENTARY SCHOOL PHYSICAL EDUCATION METHODS		3

!	PESP 45053	ELEMENTARY SCHOOL PHYSICAL EDUCATION CONTENT	3
		Kent Core Requirement	3
		Kent Core Requirement	3
		<b>Credit Hours</b>	<b>15</b>
		<b>Semester Eight</b>	
		Requirement: minimum 2.750 overall GPA; minimum 2.750 major GPA	
!	PESP 49525	INQUIRY INTO PROFESSIONAL PRACTICE IN PHYSICAL EDUCATION	3
	PESP 49592	STUDENT TEACHING IN PHYSICAL EDUCATION (ELR)	12
		<b>Credit Hours</b>	<b>15</b>
		<b>Minimum Total Credit Hours:</b>	<b>120</b>

2. Plan and implement developmentally appropriate and meaningful physical education and/or health learning experiences aligned with local, state and/or national standards and grade-level outcomes.
3. Use effective resources, accommodations and technology that support the diverse needs of all students in planning and teaching.
4. Use effective communication, feedback and instructional and managerial skills to enhance student learning.
5. Select and implement appropriate assessments and reflection to monitor students' progress and guide decision making related to instruction and learning.
6. Demonstrate dispositions essential to becoming effective professionals.

Graduates of the Physical Activity and Sport Performance concentration will be able to:

1. Demonstrate understanding and value of human diversity.
2. Apply their broad spectrum of knowledge of human movement in their capstone experience by being able to:
  - a. Describe and apply biophysical (anatomical, physiological and biomechanical) and social-psychological concepts to skillful movement, physical activity and fitness, depending upon their area of focus.
  - b. Identify individual and group motives and opportunities and barriers to involvement in different types of human movement.
  - c. Understand the historical significance of past events and how these events have shaped the present development of sport and physical education.

## University Requirements

All students in a bachelor's degree program at Kent State University must complete the following university requirements for graduation.

**NOTE:** University requirements may be fulfilled in this program by specific course requirements. Please see Program Requirements for details.

Flashes 101 (UC 10001)	1 credit hour
Course is not required for students with 30+ transfer credits (excluding College Credit Plus) or age 21+ at time of admission.	
Experiential Learning Requirement (ELR)	varies
Students must successfully complete one course or approved experience.	
Kent Core (see table below)	36-37 credit hours
Writing-Intensive Course (WIC)	1 course
Students must earn a minimum C grade in the course.	
Upper-Division Requirement	39 credit hours
Students must successfully complete 39 upper-division (numbered 30000 to 49999) credit hours to graduate.	
Total Credit Hour Requirement	120 credit hours

## Kent Core Requirements

Kent Core Composition (KCMP)	6
Kent Core Mathematics and Critical Reasoning (KMCR)	3
Kent Core Humanities and Fine Arts (KHUM/KFA) (min one course each)	9
Kent Core Social Sciences (KSS) (must be from two disciplines)	6
Kent Core Basic Sciences (KBS/KLAB) (must include one laboratory)	6-7
Kent Core Additional (KADL)	6
<b>Total Credit Hours:</b>	<b>36-37</b>

## Program Learning Outcomes

Graduates of the Health and Physical Education concentration and Physical Education Licensure concentration will be able to:

1. Demonstrate an understanding of content and scientific and theoretical foundations for the delivery of an effective PK-12 physical education and/or health program.

## Admission GPA for Undergraduate Students

For admissions, the College of Education, Health and Human Services considers a student to have established a Kent State University GPA after the student has successfully completed a minimum of 12 Kent State University credit hours. Undergraduate students who have not completed a minimum of 12 Kent State University credit hours will be evaluated for admission into programs, Advanced Study, and the Professional phase based on their high school GPA for new freshmen, or transfer GPA for transfer students. Once a student has successfully completed a minimum of 12 Kent State University credit hours, only the student's Kent State cumulative GPA will be considered for admission into a program, Advanced Study, and Professional Phase.

Students who have completed 12 or more credit hours of previous college-level coursework, either at Kent State University or at another accredited institution, need an overall GPA of 2.00 or higher to declare a College of Education, Health and Human Services majors, minors or certificates unless a higher minimum GPA is specified by the program. See specific programs in this catalog for more information on required minimum GPA to declare. Non-degree EHHS General can be declared without a minimum 2.00 overall GPA.

Transfer applicants who have completed fewer than 12 semester hours of college-level coursework will be evaluated on both collegiate and high school records.

## Background Checks for Teacher Licensure Candidates

For field experience, student teaching and any culminating internship in teacher education that requires candidates to be placed within a school or agency ("school/agency") setting, the college requires candidates to complete Bureau of Criminal Investigation and Identification (BCII) and Federal Bureau of Investigation (FBI) background checks and submit the results to authorized personnel at their assigned school/agency before the beginning of the field experience or the first day of the semester in which the student teaching/internship will take place. Authorized school/agency personnel will determine whether a candidate may participate in fieldwork in that setting. The BCII and FBI background checks are good for one year and are mandatory for licensure application. Electronic fingerprinting is available for BCII and FBI in 221 White Hall and should be completed at least two months prior to field experience/student teaching/culminating internship. Regional campus students should contact their Regional Campus coordinator to identify fingerprinting availability at each campus. Candidates are responsible for fees incurred for this requirement. For more information on this policy, contact the Director of Clinical Field Experience in 304 White Hall. Visit the Ohio Department of Education (ODE) website at [www.ode.state.oh.us](http://www.ode.state.oh.us) for more information about background check requirements for educators in Ohio. Contact the Office of Professional Conduct at the ODE for specific information about the results of the background check.

## Education Licensure Application

Students in the teacher education programs must apply for State of Ohio Licensure within 12 months of program completion (defined by completion of all licensure program requirements). After 12 months, applicants must meet State approved program/licensure requirements that are in effect at the time of application. This means that students who apply after the 12 month deadline may have to take additional coursework if the content, methods courses, program requirements, or licensure requirements have changed from the catalog in force.

If a student does not apply for their license within 6 years, they are subject to any additional state licensure requirements and are also subject to additional coursework based on changes in areas such as content, age of coursework and changes in program requirements. A minimum of 9 credit hours will be required to apply for licensure after 6 years of program completion.

## Professional Dispositions for Teacher Candidates

Professional dispositions are the professional attitudes, values, and beliefs demonstrated through both verbal and non-verbal behaviors as educators interact with students, families, colleagues, faculty, and communities. The teacher education faculty believe that the following dispositions support student learning and development. Therefore teacher candidates are expected to demonstrate:

- Communication and Collaboration
- Fairness and Equity
- Ethical Behavior
- Professional Responsibility

These dispositions are assessed at least three times in a candidate's program:

- Education in a Democratic Society course,
- a methods course with a field component, and
- student teaching.

In addition, a disposition assessment may be completed by a faculty member at any time a situation calls for it. A disposition is considered 'acceptable' if a candidate does not have an outstanding Professional Disposition Plan (PDPs) that requires improved performance in specified areas. A candidate may not progress through the teacher education program if they have any PDPs submitted and unresolved at the following three points:

- Applying for advanced study: If a student has an outstanding PDP at the time of application, a student will not be able to apply for advanced study until the PDP is rectified.
- Prior to the student teaching semester: All outstanding PDPs must be completed and cleared prior to the start of student teaching.
- End of student teaching semester: A student with an outstanding PDP during the student teaching semester will not successfully pass student teaching.

## Professional Education Warning

Professional Education Warning for students in teacher licensure programs and the Community Health Education major must have a minimum 2.75 GPA to progress in their programs and ultimately graduate. Unless other factors are present, students who do not meet the prescribed conditions are required to transfer out of their declared major. An appeal of this decision is directed to the associate dean of undergraduate student services, College of Education, Health and Human Services, 304 White Hall.

## Repeating Field Experience Courses in Teacher Education Programs

Teacher candidates are permitted to repeat a field experience course once (see major requirements for specific courses). If a teacher candidate is unsuccessful in completing OR fails to earn the required grade in a field experience course the first time, the teacher candidate will receive a warning and will be required to work with a faculty advisor in their academic unit to develop a plan for continuation. The required grade is a C or better in a course that awards a letter grade, or Satisfactory (S) in a course that awards an S/U grade. The plan will include all actions necessary to continue in current program, the opportunity to declare a different program, a timeline of when actions should occur, and next steps if actions are not followed. If the teacher candidate does not earn the required grade in the field experience course the second time, a hold will be placed on their account, preventing them from registering for classes until they change their major out of the education program.

## Requirements for Admission to Advanced Study

Admission to advanced study is required of all teacher education initial licensure majors and minors prior to enrolling in courses designated as advanced study courses. Upon completion of coursework as determined by program area, students must apply during the term which all prerequisites for advanced study will be completed, and at least one semester prior to beginning any coursework for which "Admission to Advanced Study" is a prerequisite.

## Application Dates

### Fall Semester:

- Application window: August 1 to September 1
- Term to begin advanced study courses: Spring semester

### Spring Semester:

- Application window: January 1 to February 1
- Term to begin advanced study courses: Summer term and/or fall semester

### Summer Term:

- Application window: May 1 to June 1
- Term to begin advanced study courses: Fall semester

All students apply for Advanced Study through the College of Education, Health and Human Services Student Portal which can be accessed through the Vacca Office of Student Services web page.

Please note: Admission to advanced study is required for students pursuing an undergraduate major that leads to initial teacher licensure, with the exception of students in the Career Tech Teacher Education certificate who obtain initial licensure through the Alternative Resident Educator Licensure Program (teachers recruited from business and industry).

## Requirements for Admission to Advanced Study

To deliver high-quality programs, faculty will select the most qualified applicants for admission based upon evaluation of academic success (overall GPA) at Kent State University, non-academic criteria and other specific program criteria.

Students may be required to reapply if they postpone advanced study coursework or withdraw from their courses for one year or more.

### College Writing

- Students are required to attain minimum C grade in each writing course (ENG 11011 and ENG 21011 or equivalent) (Integrated Language Arts majors must attain minimum B grade).

### Mathematics

- The following courses must be completed with minimum C grade for the majors Early Childhood Education, Middle Childhood Education and Special Education:
  - MATH 14001 (or equivalent)
  - MATH 14002
- The following courses must be completed with a minimum C grade for Integrated Mathematics majors:
  - MATH 12002
  - MATH 12003
- In addition, a minimum 2.600 overall GPA in math content coursework is required.

### Pre-Advanced Study Coursework

- To be eligible for advanced study, students must earn a minimum C grade in CULT 29535 and minimum C grade in **one** of the following courses (i.e., both courses must be completed with a minimum C grade for graduation):

- EPSY 29525 (note: Middle Childhood Education majors must earn a minimum C grade in this course to be eligible for Advanced Study)
- SPED 23000
- Early Childhood Education majors must earn a minimum C grade in ECED 10120 to be eligible for advanced study.
- Middle Childhood Education majors must earn a minimum C grade in MCED 20000 to be eligible for advanced study.
- Middle Childhood Education majors must complete at least 50 percent of content area coursework from each concentration (minimum C grade) to be eligible for advanced study. Students should meet with their advisor.
- Adolescence/Young Adult Programs: majors must earn a minimum C grade in ADED 20000 to be eligible for Advanced Study.

## Grade Point Average

All students must have a minimum 2.750 overall GPA, with additional conditions for the following majors:

- Adolescence/Young Adult Programs: A minimum 2.600 GPA in the chosen adolescence/young adult content area is required for admission to advanced study, student teaching and graduation. A minimum C grade is required in each course within the content area. The following majors are affected: Earth Science, Integrated Language Arts, Integrated Mathematics, Integrated Science, Integrated Social Studies, Life Science, Life Science/Chemistry and Physical Science.
- For minimum GPA criteria for Art Education and Music Education, please see Requirements for Admission to Advanced Study for Art Education and Music Education in the College Policies section for the College of the Arts in the University Catalog.
- Education Minor: Students in a program eligible to declare the Education minor must achieve a minimum 2.500 overall and a content GPA to declare the Education minor, be admitted to advanced study, participate in student teaching and be recommended for licensure.

All GPA requirements must be met at the time of application.

## Disposition Assessment/Professional Disposition Plans (PDPs)

Students are required to have completed all professional dispositions plan (PDPs) at the time of application to be eligible for advanced study.

## Teacher Candidate Acknowledgments and Legal Questions for Licensure

Candidates are required to electronically sign five statements acknowledging that they have read and understand the following areas: pre-service teacher permit / background check requirements, professional dispositions, licensure application information, legal questions asked on the licensure application, and teacher education handbook information. Statements can be found on the student portal.

## Student Teaching

The application for student teaching is completed online through the College of Education, Health and Human Services' student portal. Students will be required to complete the application during specified windows posted on the Vacca Office of Student Services' (VOSS) website. Application windows will typically be accessible during the months of October and November in the fall semester and March and April in the spring semester. Failure to complete the application and submit the prerequisite training documents within the designated time frame may

delay the student teaching placement. Depending on the program area, students will apply either 2 or 3 semesters prior to their anticipated student teaching semester. Students should meet with their academic advisor for details on which semester to apply.

Once the application is submitted, VOSS staff (or appropriate regional campus staff) will determine eligibility by reviewing coursework, GPA, disposition assessments, and other program area requirements. Specifically, staff will review the following:

- Coursework – aside from student teaching and inquiry seminar, all coursework in the program of study must be completed with the minimum grade required in each course (i.e., a 'C' or higher in a course where the program requirements prescribe a minimum grade of C).
- GPA – confirmation that the applicant has a 2.75 cumulative GPA or higher and meets the minimum major GPA required for their program as listed in the university catalog.
- Disposition Assessments – no outstanding Professional Disposition Plans (PDPs) are permitted. An applicant with an outstanding PDP must have it cleared before beginning student teaching.
- Program Area Requirements – applicant must have completed all program requirements for their major that are outlined and specified in the university catalog.

Students should meet with their faculty and/or academic advisor in VOSS for any clarifications. Written notification of eligibility will be emailed to each applicant.

Those eligible for student teaching are required to attend a mandatory meeting where additional information about student teaching is provided. Failure to attend this meeting may result in a delay of student teaching. Placement forms, distributed at this meeting, need to be completed by the deadline.

The Clinical Experience Office will make the final decision about the placement site for the Kent Campus. Placement decisions at the Regional Campuses are made by the designated placement officer at each campus. Candidates are not to contact schools or potential mentors directly to make their own arrangements. Placements are generally made within a 50 mile radius of Kent State University. Student teaching is a full-time commitment and candidates are expected to follow the schedule of the cooperating teacher.

## Undergraduate Graduation Requirements

- Students declared in a teacher licensure major or minor must earn a minimum C grade in all major/minor and professional coursework.
- Students declared in the Education minor must earn minimum 2.500 content GPA.
- Students may apply a maximum 4 credit hours of Physical Activity, Wellness and Sport (PWS) courses toward their degree.
- Students may apply a maximum of 4 credit hours of variable-titled workshop (xxx93) toward an undergraduate degree. Identical workshop topics that are repeated for credit will not count towards graduation requirements. All workshops are graded S/U (satisfactory/unsatisfactory). Some program areas may be more restrictive. Students are advised to consult their program regarding application of workshop credit toward degree requirements.

To see graduation requirements for a specific program, please select a major from the undergraduate program listing.

## Full Description

The Bachelor of Science degree in Physical Education and Sport Performance prepares teachers who exemplify best practices in the PK-12 setting and professionals who promote high quality physical activity opportunities for individuals across the lifespan. The program places a strong emphasis on field experience, internships and professional development experiences.

The Physical Education and Sport Performance major comprises the following concentrations:

- The **Health and Physical Education** concentration is a five-year program that provides the curriculum necessary for students seeking Ohio teacher licensure in both health education and physical education. The program includes multiple field experiences in a variety of school districts, followed by a full semester of student teaching. Students teach in both subjects and are eligible to sit for the multi-age teacher licensing examinations. Students in combined bachelor's/master's degree programs may apply graduate courses toward the B.S.E. degree.
- The **Physical Activity and Sport Performance** concentration is grounded in the understanding that the study of physical activity and sport is important in themselves and as biological and social concepts. The concentration provides students with the opportunity to design their educational experience by developing an individualized program of study. Students in this concentration are required to declare a minor, either in a related field or outside the field.
- The **Physical Education Licensure** concentration prepares students to seek Ohio teacher licensure in physical education. The program includes multiple field experiences in a variety of school districts, followed by a full semester of student teaching. Graduates are eligible to sit for the multi-age teacher licensing examinations.

## Professional Licensure Disclosure

This program is designed to prepare students to sit for applicable licensure or certification in Ohio. If you plan to pursue licensure or certification in a state other than Ohio, please review state educational requirements for licensure or certification and contact information for state licensing boards at Kent State's website for professional licensure disclosure.